Triple synchronous gastrointestinal malignancies: a rare occurrence
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ABSTRACT
Gastrointestinal cancer is common, and is a significant cause of morbidity and mortality. The synchronous occurrence of two different malignancies is not uncommon, but that of more than two malignancies is extremely rare. Such occurrences often pose diagnostic and therapeutic challenges. We report the case of an elderly man who was previously treated for gastric cancer 13 years ago, and who was later diagnosed with synchronous triple gastrointestinal malignancies consisting of hepatocellular carcinoma, a gastric collision tumour with adenocarcinoma and a large B cell lymphoma. The patient’s condition progressed rapidly, and he died four weeks after the diagnosis.

Keywords: collision tumour, gastric cancer, lymphoma, synchronous tumour

INTRODUCTION
Gastrointestinal (GI) malignancies are common and important causes of morbidity and mortality. It is not unusual for patients to have multiple malignancies in their lifetime, but most of these occur metachronously. The synchronous occurrence of two different malignancies has been reported, but remains rare.1-4 Occurrences such as these pose challenges to clinicians in terms of diagnosis and subsequent management. We report a case of an elderly man who was diagnosed with synchronous triple GI malignancies that consisted of a hepatocellular carcinoma, a gastric adenocarcinoma and a lymphoma collision tumour.

CASE REPORT
An 80-year-old Chinese man was referred from the district hospital for endoscopic evaluation of weight loss and positive faecal occult blood test. His relevant past medical history included Billroth II gastrectomy for gastric adenocarcinoma performed 13 years ago, and hypertension. Prior to the latest admission, the patient had been previously admitted to the surgical service with left-sided abdominal pain and subacute bowel obstruction. Colonoscopy showed diverticulae in both the right and left colon. In addition, there was a feature that was suggestive of splenomegaly. However, this was not further investigated.

The patient was admitted with a two-month history of increasing abdominal discomfort, leg oedema, loss of appetite and weight loss. He had also been passing out black stool. On examination, a midline epigastic scar from a previous surgery and slight epigastric tenderness were noted. Endoscopy revealed a small hiatus hernia with grade A oesophagitis, and a large ulcerated area with
DISCUSSION

The synchronous occurrence of multiple GI cancers, although rare, has been reported in the literature. As the population ages, the incidence of synchronous multiple malignancies is likely to increase. The true incidence of this occurrence is possibly underestimated, as it is not uncommon for the other cancers to be misdiagnosed as metastatic diseases. Furthermore, other synchronous malignancies may be early or occult, and unless thoroughly investigated, can be easily missed. In fact, in most of the reported cases of multiple synchronous GI malignancies, the synchronous tumours were usually early lesions that were detected incidentally while undergoing staging evaluation for index malignancy.

Compared to other reported cases, our case is unique. Firstly, the combination of multiple synchronous GI malignancies included a gastric collision tumour, which to our knowledge, has not been previously reported. Collision tumours are different tumour types that are found admixed together within a tumour mass. The most commonly reported gastric collision tumours include a combination of an adenocarcinoma with a gastrointestinal stromal tumour or a neuroendocrine tumour. Secondly, the combination of adenocarcinoma and lymphoma as a collision tumour has also not been previously reported. Finally, most reported cases of multiple synchronous GI malignancies included lesions that are early tumours. In our case, all the lesions were locally advanced.

The risk factors that are associated with the occurrence of multiple malignancies are not exactly known, but are probably multiple. Genetic abnormalities are likely to be important and have previously been reported. However, most reported cases to date have not shown any particular genetic aberration to account for the multiple malignancies. Environmental factors, such as smoking and chemicals, are also likely to be important. Smoking is known to increase the risk for many upper aerodigestive tract malignancies. In our case, the presence of Helicobacter pylori is probably an important factor. Helicobacter pylori infection is a known risk factor in both gastric adenocarcinoma and mucosal-associated lymphoid tissue lymphoma. The presence of liver cirrhosis has been reported to increase the risk of breast cancer. However, it is uncertain whether it would likewise increase the risk for GI cancers. Age is probably the single most important factor, as all the cases of multiple malignancies reported in the
literature have occurred in elderly patients.\(^{1,10}\)

In conclusion, our case highlights a rare occurrence of triple GI malignancies in a patient with multiple risk factors. As the population ages, it is very likely that simultaneous occurrence of multiple malignancies will be encountered more frequently than before. Therefore, clinicians should be aware of this possibility when confronted with patients who have multiple lesions. As the treatment for synchronous malignancies differs from the standard treatment for individual malignancy, thorough investigation of patients with synchronous malignancies is important.

**REFERENCES**