Intracranial metastases from carcinoma of the cervix

ABSTRACT
Uterine cervix carcinoma usually spread by local extension and through the lymphatics to the retroperitoneal lymph nodes. Brain metastases are extremely rare in the course, are usually seen late and have poor prognosis. We report a 49-year-old woman with squamous cell carcinoma of the cervix who developed right parieto-occipital lobe metastasis after three years of treatment of the primary disease. The presenting symptoms of the metastatic disease were hemiparesis, headache, and vomiting. Her hemiparesis improved after surgical excision of the metastasis. Treatment in these cases is mainly palliative but may offer symptomatic relief and improvement in the quality of life.

Keywords: brain metastases, carcinoma of cervix, gynaecological malignancy, intracranial metastases

INTRODUCTION
Carcinoma of the cervix usually spreads contiguously to the adjacent organs, by lymphatics to the pelvic and para-aortic lymph nodes and by the haematogenous route to distant organs. The common sites of distant metastasis are lung, supraclavicular lymph nodes, liver, and bones. Central nervous system (CNS) involvement by cervical carcinoma is uncommon. Because of the rarity of this event, there are very few reports in the literature regarding the optimal management and prognosis of these patients. We report a successfully-managed case of squamous cell carcinoma of the cervix with a right parieto-occipital lobe metastasis, and review the relevant literature.

CASE REPORT
A 49-year-old woman, a known case of carcinoma cervix, presented with headache and vomiting of three days duration, altered sensorium for one day, and left-sided hemiplegia for one day. Neurologically, she had altered sensorium (Glasgow coma score: eye opening nil, verbal response nil and localising to pain). She had a left-sided hemiplegia of grade I with exaggerated deep tendon reflexes and extensor plantar. Her general and systemic examination was unremarkable. She was a known case of carcinoma of the cervix (Stage IIb) diagnosed three years ago; histologically, it was a moderately-differentiated squamous cell carcinoma. She received radiotherapy (EBRT 4000 rad in 18 fractions and three cycles of brachytherapy). The patient remained asymptomatic for three years after completion of treatment.

Computed tomography (CT) of the brain showed two lesions in the right posterior parietal and occipital regions, associated with extensive brain oedema, mass effect, and midline shift with haemorrhage (Fig. 1). Ultrasonography of the abdomen showed two small nodules in the liver. There was no evidence of local recurrence. She was started on anti-epileptics and anti-oedema measures. In view of the localised nature of the lesion and neurological deficits, surgical excision of the tumour was planned. Following a right parieto-occipital craniotomy with excision of the tumour, the postoperative recovery of the patient was uneventful and her neurological deficits improved. She became conscious, was obeying commands and her weakness improved to grade IV+/V. Histological examination of the resected specimen revealed that much of the tumour was necrotic. Surviving portions showed moderately-differentiated squamous cell carcinoma (Fig. 2). Whole brain irradiation was planned as adjuvant treatment, but was not performed because the patient refused further management.

DISCUSSION
Brain metastases from cervical cancer are extremely rare. However, an increase in the incidence of brain metastases from cervical cancer may be related to an improved treatment of the primary lesion and thus, a better survival of these patients. Few reports have been published on this clinical entity. The incidence of brain metastases in this setting has been reported to be 0.5%–1.2% in various clinical studies. These patients usually present in the sixth decade of life. The reported interval between the initial diagnosis of cervical cancer and presentation of the brain metastasis is variable in different cases, ranging from the time of first diagnosis of the primary tumour
to eight years, with an overall mean of three months. The route of spread to the brain from cervical cancer is haematoogeneous. However, the presence of intravascular tumour cells in the cerebral circulation does not always lead to the development of brain metastases. The development of brain metastases depends on the host immune response, tissue neovascularisation, the number of tumour emboli, and characteristics of the tumour.

Brain metastases are more frequently seen with poorly-differentiated cervical tumours. More than 80% of brain metastases are located in the supratentorial region of the brain, a phenomenon that may be related to the vascularity and the spatial characteristics of this region. In our case, the tumour was also located in the supratentorial region. Although the clinical presentation of a patient with brain metastasis is likely to depend on the site of the lesion, the metastatic tumour, surrounding tissue oedema, or both, is responsible for the neurological symptoms. Headache and hemiparesis are the most commonly-reported signs and symptoms in these settings.

The treatment of brain metastasis usually involves radiation therapy, surgery, or both, depending on the clinical situation. In general, surgical excision is
Table I. Summary of management options and outcome.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Types of treatment given</th>
<th>Outcome</th>
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<tbody>
<tr>
<td>Salvati et al(11)</td>
<td>palliative radiotherapy</td>
<td>poor</td>
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<tr>
<td>Tajran and Berek(15)</td>
<td>steroids and radiotherapy</td>
<td>poor</td>
</tr>
<tr>
<td>Schneider et al(16)</td>
<td>surgery</td>
<td>poor</td>
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<tr>
<td>Kastritis et al(17)</td>
<td>palliation</td>
<td>poor but may offer symptom relief</td>
</tr>
<tr>
<td>Lefkowitz et al(10)</td>
<td>palliation</td>
<td>poor</td>
</tr>
<tr>
<td>Friedman et al(12)</td>
<td>palliation</td>
<td>poor</td>
</tr>
<tr>
<td>Kumar et al(8)</td>
<td>surgery and palliative radiation therapy</td>
<td>poor</td>
</tr>
<tr>
<td>Nagar et al(11)</td>
<td>palliative radiotherapy</td>
<td>poor</td>
</tr>
<tr>
<td>Erhan et al(18)</td>
<td>adjuvant radiotherapy and chemotherapy</td>
<td>died four months after disease recurrence</td>
</tr>
<tr>
<td>Viswanathan et al(19)</td>
<td>prophylactic cranial irradiation</td>
<td>little benefit</td>
</tr>
<tr>
<td>Ziainia and Resnik(20)</td>
<td>palliative radiation therapy</td>
<td>poor prognosis and little benefit</td>
</tr>
<tr>
<td>Amita et al(21)</td>
<td>surgery and whole brain radiotherapy</td>
<td>six months disease free</td>
</tr>
<tr>
<td>Ikeda et al(22)</td>
<td>surgery and radiotherapy (three cases), and radiotherapy (five cases)</td>
<td>median survival of three months</td>
</tr>
<tr>
<td>Gaussmann et al(21)</td>
<td>radiotherapy</td>
<td>spontaneous remission</td>
</tr>
</tbody>
</table>

performed in cases with a solitary lesion or adjacent multiple metastases, cases with diagnostic uncertainty, or with life-threatening and critically-located metastases. Patients with nonadjacent, multiple, or inoperable lesions are usually treated with palliative whole brain radiotherapy. Surgical excision of the solitary lesion combined with adjuvant postoperative radiotherapy yields a better survival rate than radiotherapy alone. Radiation surgery, stereotactic radiation therapy, and chemotherapy have also been used for the management of brain metastases with variable success. Surgery should be strongly considered in patients of cervical carcinoma with solitary resectable brain metastases. CNS metastases from cervical cancer carry a poor prognosis. Most studies have reported a median survival of only a few months, but there are a few anecdotal reports of long-term, disease-free survival in these patients. (Table I). In conclusion, our case provides an example of successful management of brain metastasis in a case of cervical carcinoma with the use of surgery, and improvement in the quality of life.

REFERENCES