FOREWORD

The reasons for publishing scientific papers of a congress in an internationally circulated journal are obvious. It benefits all concerned; the organisation, the contributors and the journal. I wish therefore to register my personal and sincere thanks to the Singapore Medical Association and the Editors of the Singapore Medical Journal for this unique opportunity.

The publication of this supplement containing the scientific papers read at the plenary sessions, symposia and round-table conferences of the V Asian-Pacific Congress of Cardiology is an important hallmark in the history of this journal. For the first time, a special and complete issue is devoted to papers read in an international congress in one field of medicine. It will be circulated far and wide to those who attended the congress and to many institutional libraries. For the Asian-Pacific Society of Cardiology, it remains a valuable permanent record of the scientific proceedings and further adds to the growing archives of the Society.

The papers cover wide-ranging areas in Cardiology, from preventive cardiology to surgery of coronary heart disease and to technical innovations in investigative as well as therapeutic cardiology. Preventive cardiology was singled out with more than the usual emphasis, as it should be for a Congress held in a region where cardiovascular diseases are fast becoming major health problems and where cardiology is gradually gaining greater momentum in the advancement of health care and education.

Discussions were left out as it was felt that their inclusion would inevitably result in further delay in the publication. The Editors and Scientific Sub-committee are to be congratulated for the arduous task of having to prepare this supplement in a relatively short time. Lastly I wish to express my deepest appreciation to Lee Foundation for making this publication possible.

> Charles Toh Chai Soon President, Asian-Pacific Society of Cardiology.

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